

Instructions after your Novasure Procedure:

- You may resume normal activities today after the medication wears off
- You may resume intercourse when bleeding stops. This may take a couple of days to weeks.
- Call if fever of 101° or greater or pain not controlled by the Ibuprofen, bleeding heavier than a pad an hour, or any other questions or concerns. Office number is 815-899-8080.
- Take Ibuprofen 600 - 800 mg (3-4 over the counter tablets) every 6 - 8 hours with food for discomfort
- Take Zofran for nausea as prescribed if you need it
- We hope you had a good experience today. A nurse will call you in a few days to see how you are doing. Thank you for choosing Prairie Point Ob/Gyn!